



## Community Newsletter February 2024

Greetings CCCS Community Members,

*As the month of February draws to a close I am quickly realizing that our school year is almost 2/3 of the way complete. Having been an educator for this many years, I know the pattern of the really good years seeming to go by the fastest. To that point, I can't believe we are already a few weeks away from Spring Break—2023/2024 has been a great year here at CCCS!*

*Over Spring Break we will be tackling some gym maintenance projects, and if I can get things organized we may try to coordinate a volunteer grounds crew to get things trimmed up and weeded over break as well. More on that will come out in an email.*

*Some of you may have heard about a program to get Eugene Public Library student cards out to non-Eugene residents. I am currently working with EPL and a funding source to make this happen - more information will be forthcoming.*

*Included on page 2 is an announcement about some important presentations — please note the parent/family/community presentation on April 11th at 6:00 pm.*

*Take care,*

*Dave Wallace*

### Important Links/Reminders

- ⇒ [Website and Calendar](#)
- ⇒ [Volunteer Form](#)
- ⇒ [Lunch Program](#)
- ⇒ [PCS webpage](#)
- ⇒ [CCCS Handbook](#)
- ⇒ [CCCS Facebook Page](#)
- ⇒ [CCCS Admissions Page](#)

### Upcoming Dates:

- |                       |  |
|-----------------------|--|
| <b>Feb. 29:</b>       | <b>100th Day celebration</b>   |
| <b>March 1:</b>       | <b>PCS Mtng - 10:45 AM</b>   |
| <b>March 4:</b>       | <b>Board Mtng—Budget</b>   |
| <b>March 7:</b>       | <b>6th grade EWEB field trip</b>                                       |
| <b>March 8:</b>       | <b>Educational Excellence Committee<br/>Staff Safety Training</b>      |
| <b>March 9:</b>       | <b>OBOB competitions</b>   |
| <b>March 10:</b>      | <b>Daylight Savings Time starts</b>                                    |
| <b>March 11:</b>      | <b>Financial Oversight Committee Mtng</b>                              |
| <b>March 12:</b>      | <b>7th grade, group A, to Green Island</b>                             |
| <b>March 14:</b>      | <b>PI Day</b>  |
| <b>March 15:</b>      | <b>Enrollment paperwork deadline for<br/>new families and siblings</b> |
| <b>March 18:</b>      | <b>5th Grade - Biz Town<br/>Board Meeting</b>                          |
| <b>March 21:</b>      | <b>PBIS Assembly</b>   |
| <b>March 25 - 29:</b> | <b>Spring Break<br/>All facilities closed for cleaning</b>             |
| <b>April 1:</b>       | <b>School resumes (not a joke)</b>                                     |
| <b>April 8:</b>       | <b>Financial Oversight Committee Mtng</b>                              |
| <b>April 12:</b>      | <b>Inclement Weather make-up day</b>                                   |

## Inclement Weather Make Up Day — April 12

Students and Staff will have a regularly schedule school day on Friday, April 12. Students will have the typical Friday half day schedule.

## FBI Safety - Sextortion - Presentations April 11

On Thursday, April 11th, representatives from the FBI will be providing the CCCS community with 2 presentations. The topic is the rise and dangers of “sexortion”, which is targeting children in a pretty terrible way.

The first presentation will be for our middle school students in the afternoon.

The second presentation will be at 6:00 in the CCCS gym. This presentation will be designed for adults—all parents, family members, community members are invited and encouraged to attend.

Please contact Dave directly with questions.



**SEXTORTION**  
THE DANGER YOU NEED TO KNOW

Hey I got up and will report it to the FBI. Financially motivated sextortion is a crime.

Join the **FBI Portland Division** as we discuss how parents, caregivers, teens and young adults should be aware of the risks and warning signs, how to stay safe online and how to report if you or someone you know is a victim.



## Omega-3 Fatty Acids for Brain Boost

Did you know that Omega-3 fatty acids are essential for brain development and function? To support brain growth in your children, you can pack school snacks like trail mix with walnuts and flaxseeds, a container of edamame (soy beans), or dried seaweed snacks to provide a dose of these beneficial fats and proteins.



Want to take care of this now?

Click on the image of the snack you are interested in - then add it to your Amazon cart. 😊

Some people like to know what is happening “behind the scenes” at the school, and others jump down to the pictures of the kiddos at the end—both are totally fine. In the interest of transparency and communication I’d like to share a couple key things each month with everyone. I encourage folks to join the [Board meetings](#), talk to a Board member, or contact me however suits you best if you have thoughts or questions.



### **School Funding/ Budget**

The Financial Oversight Committee has taken a deep dive into the budget proposed for next school year, and forwarded a recommendation the Board for approval. The Board is scheduled to meet on the topic again on March 4th.

### **Teaching and Learning:**

4 different math curriculum have been explored and evaluated by staff and community members, and feedback is being collected. This Friday the curriculum committee will review the feedback and make preliminary decisions about curriculum to adopt for the 24/25 school year.

7th and 8th grade teachers have been working to plan for next year’s shift. Mrs. Monterrosa will be teaching Language Arts and Social Studies to 7th and 8th grades, and Mrs. Epperson will be teaching math and science. They have a draft schedule and have begun sharing and preparing their “new” curriculum for next year.

### **Mission/Vision work:**

Thanks to everyone who completed the Mission/Vision surveys. The feedback has been collected, compiled, and has had some preliminary review by the Strategic Planning Committee. Folks that shared an interest in participating further will be contacted soon about a follow up work session.

### **Building & Grounds:**

Mr. Wallace and Mr. Kyler completed a thorough walkthrough of the school interior, and have a pretty long list of repairs/maintenance we’d like to get addressed. This includes some electric, plumbing, painting and light handyman tasks. **If any of our community professionals would like to get some volunteer hours in, we could really use the help.** Please contact Dave at [director@coburgcharter.org](mailto:director@coburgcharter.org) if you can help.

PS: we are likely going to arrange a spring clean of the grounds (trimming, weeding, front bed removal) and a summer painting crew—more information will be forthcoming.

### **Attendance Rate to date (2/23): 96.9%**

Attendance is a critical factor in the success of individual students, and our school as a whole.



## Community Coordinator Updates

Thank you to all of our volunteers who helped with Winter skills days! Special shout out to all our presenters [Marissa Doyle](#) of MD Architect & Design Co, Dr. Bruce Behrends of [Echo Hollow Vet](#), Kristin Brody, Jack with [BRING Recycling](#), Cathy Guy, Jenny Welch with [All That Dance Co](#), the Coburg Fire Department, UO International Studies Dept, Mrs. Young, Doug Dalebrook & George Cox (who taught PE at Coburg in the 70's!) Chad Hadley, McKenna Cunningham of [Life in Letters](#), Chef, [Lane County Search & Rescue](#), Brandon Kamerman with [KVAL News](#), [Beaver State Woodturners](#), and all our volunteers who helped throughout our Winter skills days.

**If you have a skill you'd like to teach for Spring Skills Days, please let us know!** We love to have a variety of skills taught. It's a commitment of 3 Fridays in a row from 10:30-11:30am, April 19, 26, and May 3. You can email Katie Brushett at [community@coburgcharter.org](mailto:community@coburgcharter.org) with any questions.

Thank you to our volunteers so far this school year! So many of you have blown right past your 20 hour requirement and keep showing up for our school and students! You are appreciated!

### Help us congratulate everyone below!

**Over 5 hours:** Janelle M, Alex M, Doug Y, Jason B, Whitney H, Katie M, Becca D, Donna V, Lou Ann E, Jamey R, Levi B, Destiny F, Danielle M, Colleen T.

**Over 10 hours:** Nadiya A, Amber S, Sheila G, Laura P, Sara S, Abi C, Mindi B, Stephanie M, Katrina S, Quinn P, Aja M, Sarah B, Heather T, Erica W, Traci S, Jennifer M, Stacey A, Maria P, Danielle H, Amanda S, Kristine F, Maggie V

**Over 20 hours:** Jaylene, M, Jessica U, Coral B, Moy J, Vi J, Nikki S, April F, Stacy H, Katelyn G, Cynthia S, Erin G, Rachel H, Sylvia B, Jen M, Melissa M, Emily C, Kelly C, Ashley D, Valerie H, Luisa B, Lori S, Heather W, Amy B, Heather K, Emily D, Paige J, Janessa B, Heather J, Melissa A, Jen D, John B, Brenda W

**Over 50 hours:** Rose U, Mike M, Jessica C, Julie M, Kelsey B, Kalee P.

**Over 100 hours:** Josh D, Rose E.

**This year to date, we have a total of 1,998.08 hours!**

## Meal Manage Resources

- [Access the Meal Manage Home Page for Parents Here](#)
- [Meal Manage Parent Guide](#)
- [Meal Manage FAQ](#)



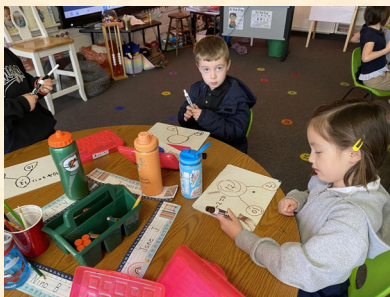




## Kindergarten — Ms. Dunmire

Kindergarten has been busy, busy, busy! Since our last newsletter, we've had the marriage of Q & U, had the winter music concert, a "crafternoon," Valentine's Day, gone to the park with buddies, practiced lots and lots of writing, learned about number bonds and how they work, started learning about Black History Month, kindness and friendship, more about our community, skills days, and of course, enjoyed all the wacky weather days!

Looking into the future, we're all very excited to learn more about notable people, continue our writing journals, reading books together, learning about spring time, raising ladybugs, practicing our addition and subtraction, subitizing numbers, working with our buddies, and as always, having fun!







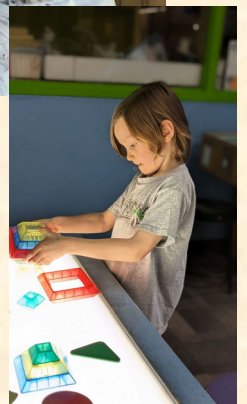
## First Grade — Mrs. Young and Mrs. Boyum

What a fabulous February in first grade! This month students performed beautifully at their winter concert, learned new things during skills days, and were very excited to celebrate Valentine's Day! They also worked with their 8th grade buddies to create some amazing glue resist art that will soon be on display.

In science we have continued learning about space, now with a focus on the planets in the solar system. Our 1st graders had a wonderful time at the Eugene Science Center and Planetarium, and represented Coburg proudly with their delight, curiosity, and respectful behavior.

In reading the kiddos have learned all about the diphthongs /ou/ /ow/, inflectional endings, and the power of /y/ sounds. We have jumped into our how-to writing unit where the kiddos are creating wonderful how-to's stories about things that they are experts at.

Coming up soon we will be wrapping up our space unit with solar system models and a Space Day, celebrating the 100th day of school, getting excited about Read Across America day, and learning about leprechauns just in time for St. Patrick's Day! We will also begin venturing into the garden and planting some seeds in class that should be sprouting by the time we get back from spring break. We can't wait to get out in that sunshine!





## Second grade — Ms. Smith

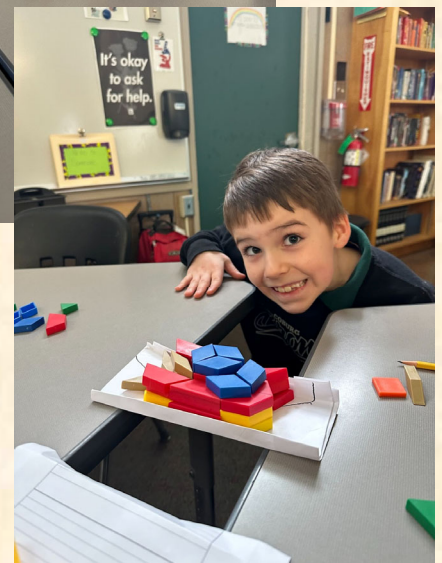
Second grade has been working at practicing kindness and respect towards each other and are showing amazing progress! Using the “Kindness Logs” students are writing their acts of kindness they’ve done at school and at home. We have been learning about kindness and empathy using Character Strong, which is our social emotional curriculum that has engaging yet practical scenarios and activities for the students to work through.

**Math:** We are moving on from money and time to focus on not only solving story problems but writing them as well. These story problems will incorporate multiple concepts we have been learning about throughout the year, but we will start with multi-digit addition and subtraction. The goal in having them write their own story problems is to dive deeper into the process of solving and what you need to know in order to make your own equation. The other concepts that will be in the story problems include measurement and 2d/3d geometrical shapes.

**Reading:** 2nd graders have thoroughly enjoyed reading from their readers' theater scripts this past month. They are breaking down the process of performing by following along so they know their cue to read, blocking (acting out physical movements) to aid the audience's comprehension of the story, and projecting from their diaphragms. The class has been working well together and are starting to feel ready to perform in front of other classes at our school!

**Science:** With the weather getting nicer, we are going to be getting our hands dirty helping take care of our garden beds!

The pictures are during “buddy” time with the 7th graders! They were working together to make steady towers and bridges with their manipulatives.





## Third grade — Mrs. Rutter

We are cruising along through the halfway point of this school year, so crazy! In math we just finished up perimeter and area and will be jumping into fractions soon. In writing we are finishing our informational writing. We will get to write some 'About Me' pages for leap day, and put them in a 'time capsule' where they will stay until students are in seventh grade! After that we will work on opinion papers. In reading we are finishing a great book about Jackie Robinson and will start learning about Sonia Sotomayor soon. We are learning about plant and animal adaptations, as well as how to make a great potting soil for the garden. We are learning about Ancient Rome, continuing to work through the alphabet in cursive, and just finished our art based on Escher. It has been fun working on more projects in here.



## Fourth Grade - Mrs. Sepulveda

February was a great month in 4th grade! Students wrapped up their opinion papers and have definitely been building strength as writers. We are almost through our first fraction unit, and 4th graders have become masters of converting improper fractions to mixed numbers and back again. We are getting deeper into our Medieval Europe unit and have learned about the Feudal system and important people like St. Benedict of Nursia and Charlamagne. In science, STEM winter Olympics for the win! So far we have competed in bobsled and curling. We're also finishing up our novel groups and I'm looking forward to getting the kids started on their next novels. Lastly, we are finishing up the final book in the Gregor the Overlander series. This class has LOVED this series. I normally only read the first book as a read aloud at the beginning of the year. We are on the fifth and final book. These kids are invested in the characters and storylines. They've become a little bit a part of our lives and it will be sad when it comes to an end. Looking ahead we are starting a new writing unit focused on expository writing (informational), we'll be diving into the second fractions unit which looks at fractions as decimals and adding and subtracting fractions with unlike denominators, and we'll also be finishing up our winter Olympics unit with hockey, ski jumping and snowboarding. Fourth grade is also starting a big rainforest unit which incorporates writing, reading, art, science, and a little bit of math all in one. We'll be starting new novel groups which will end in a book project and presentation as well as diving deeper into Europe and learning about people like William the Conqueror, Eleanor of Aquitaine, and Joan of Arc. Always a good time in fourth grade!

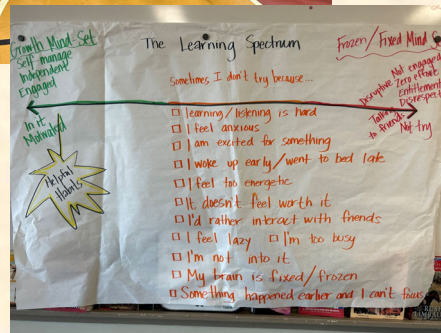




## Fifth Grade - Ms. Schneider

February has been busy in 5th grade! We are knee deep in the American Revolution, multiplying decimals, exploring charcoal, learning how to work productively with others, and enjoying skills days!

There has been rich conversation around the Learning Spectrum/Growth Mindset and that will continue for the next several months. Students are being challenged to prepare them for the next phase of their education... middle school! Looking ahead to March, we are so excited for BizTown and finishing our novel Wonder.



## Sixth Grade - Mrs. DeRosia

6th grade is carrying on with our fantastic learning!

In math, we just finished up our unit on ratios and rates. This was a giant unit with lots packed in, so it was great to see the students' perseverance through challenges! Our efforts paid off in the final test. Next, we are jumping ahead to work on some statistical measures and data displays.

For ELA, we are doing small group studies in our Exploration unit. It is fun to see the collaboration and creativity that comes from these groups! We are finishing up our novel study as well, and will start up another one soon!

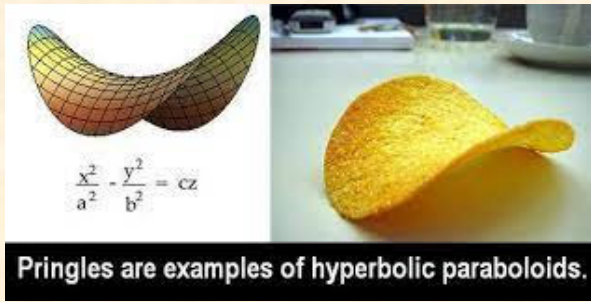
In science, we are discovering how water shapes our world by creating models and looking at national parks. The students are loving all of the labs!

We have loved our buddy time this month, including making Valentine's bags and a walking field trip to the park. We also welcomed a guest speaker from the Adopt a Farmer program who came to teach us about agriculture and made turf buddies with the class!

In March, we are looking forward to starting our growth and development class, going on a field trip, and more fun spring activities!







### Seventh Grade - Mrs. Epperson

Second semester is off to a good start. We are currently writing an article about sleep and napping needs for teens, learning about the Gilded Age, and wrapping up our Evolution Unit with a fun project. Students have randomly selected (with a roll of the die) physical traits of a beast, environmental conditions, and a predator. They need to come up with three additional adaptations that will help their beast survive in their environment and protect against their predator, and they need to create a food source based on the type of mouth that they randomly selected. Students have the choice to do a written project, or draw the beast in its environment complete with predator and prey/food. I am super excited to see the presentations next week.

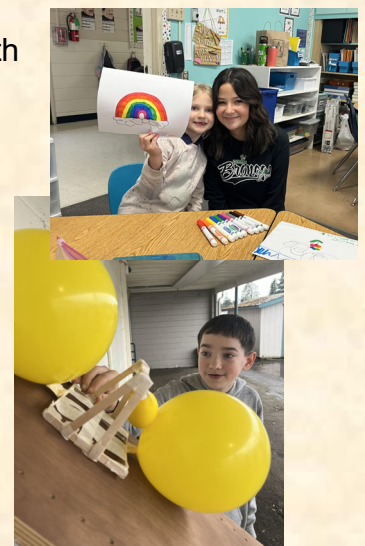
We also had our 2nd grade buddies join us for an engineering challenge using hyperbolic paraboloids, aka Pringles. We had a few groups successfully build a Pringle Ringle, and fun, and maybe a little frustration, was had by all. Plus, we were able to devour the engineering materials which is usually not advisable.

### Eighth Grade - Ms. Monterrosa



February, just like the weather, has been a little all over the place in the classroom. We have a lot going on! We started a new unit in Language Arts answering the essential question, *When is it right to take a stand?* This connects to our Social Studies focus of learning about the events, people, and issues of the 1950s and 1960s: the civil rights movement.

In science, students are currently learning more about motion and Newton's 3 Laws. They had to create an egg car that would protect a raw egg rolling down a 1.5 meter incline with the limited items given in class. They were very creative and fun to watch 'the launch'. And of course, 8th grade LOVES connecting with their 1st grade buddies. Coming full circle, this weather has reminded me of how it feels to work with middle school students: a little rain, some wind, big bouts of glorious sun, and of course, beautiful rainbows!







**COBURG COMMUNITY CHARTER SCHOOL**  
**LUNCH MENU FOR MARCH 2024, GRADE: KG,1,2,3,4,5**

NAME:

GRADE:

TEACHER:

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 CHICKEN NOODLE SOUP \$4.25 MILK SALAD BAR	5 MEATBALL SUBS \$4.25 MILK SALAD BAR	6 CREAMY PESTO CHEESE TORTELLINI \$4.25 MILK SALAD BAR	7 CHICKEN AND WAFFLES \$4.25 MILK SALAD BAR	8
11 CHILI DOG & TATER TOTS \$4.25 MILK SALAD BAR	12 CHEFS MAC 'N' CHEESE \$4.25 MILK SALAD BAR	13 PULLED PORK SLIDERS \$4.25 MILK SALAD BAR	14 CHICKEN POT PIE \$4.25 MILK SALAD BAR	15
18 CRISPY CHICKEN SANDWICH \$4.25 5TH GRADE ON FIELDTRIP MILK SALAD BAR	19 SWEDISH MEATBALLS \$4.25 MILK SALAD BAR	20 CHEESE BURGERS \$4.25 MILK SALAD BAR	21 3 CHEESE PIZZA \$4.25 MILK SALAD BAR	22
25	26	27	28	29

**Thank you to all of our  
Annual Sponsors!!**







# Health Guidance for Going to School

**Showing up to school every day is critical for children's well-being, engagement, and learning.**

**Make sure to send children to school if they:**

- Are generally healthy and well.
- Can participate in usual day-to-day activities.

**Children can even go to school if they:**

- Have a cold, which may include a runny or stuffy nose and cough.
- Have eye redness without drainage, fever, eye pain, eyelid redness or vision changes.
- Have a mild stomachache.
- Have a rash that is consistent with a previously diagnosed skin condition, e.g., eczema or psoriasis.
- Have head lice. Though they are annoying and should be treated, lice are not a reason to exclude a child from school.
- Haven't had a fever in 24 hours and they have not taken fever-reducing medicine during that time.

**Please see the back of this handout for details on when children should stay home. Note that in many situations, a health-care provider's note is not needed to return to school.**

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Children may sometimes avoid school due to feelings of anxiety (symptoms may include decreased appetite, feeling tired, stomachache, headache, etc.). If you are worried that your child may be suffering from feelings of anxiety, talk with your teacher, the school nurse, social worker or other school staff to discuss the challenge and identify what can help your child stay in school. If you feel your student is experiencing anxiety, then a visit to your healthcare provider may prove helpful to your student.

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If your child has a compromised immune system or is at high risk for complications from common illnesses, please talk to your school (school nurse if available) about developing a plan with you and your child's health-care provider to keep your child healthy and safe while attending school.

*Please note: This document is intended to supplement your local health department/school district guidance.*

## Reasons to keep me home from school and what needs to happen before I can return

What is my symptom?	When should I stay home?	When can I return to school?
<b>Fever</b>	I have had a fever of 100.4°F (38°C) or higher in the last 24 hours.	If I have been fever-free for 24 hours without the use of fever-reducing medication and I am feeling better.
<b>Vomiting or diarrhea</b>	If I have vomited 1 or more times in the last 48 hours. If I have had 3 loose or watery stools in a day or if I may not make it to the toilet in time.	If I did not vomit in the last 48 hours and I am able to drink liquids and eat food. If I have not had diarrhea in the last 48 hours.
<b>New cough or trouble breathing</b>	If I have a new or persistent cough that interferes with my ability to participate in school activities, difficulty breathing or trouble catching my breath.	Once I am feeling better and my symptoms are improving for at least 24 hours. If my symptoms were due to asthma, please make sure that I have permission to use a rescue inhaler at school.
<b>Rash</b>	If the rash is new and undiagnosed by a health-care provider, is increasing in size, is draining and cannot be completely covered, or if I develop a fever.	If my rash has healed or I have been cleared for return by my health-care provider and any draining rashes are completely covered.
<b>Eye redness and drainage</b>	If I have new and unexplained eye redness with drainage, fever, eye pain, eyelid redness or vision changes.	Once my eye symptoms have gone away or I have been cleared for return by my health-care provider.

*If you don't know whether to send your child to school or have specific concerns regarding your child's health, contact your child's health-care provider, a local healthcare provider, or the school nurse.*



# Head Lice

Head lice is a topic that comes up in every elementary school across the nation at some point or another in the school year; it is a common situation that can affect any kiddo. There are some contradictory directions and policies out there, but the general idea is that this is not an infectious disease, prevention and communication are important, and students who have been treated need to be in school with their peers.

As such, if/when students are found to have head lice here at CCCS we will let the parent know, ask them to treat their child, and support them however needed. The teacher will be informed and additional cleaning measures will be conducted as appropriate for the situation. Only in an extreme cases will a student be asked to stay home until treatment is completed.

Please click the images below for links to more information.



## HEAD LICE GUIDANCE

### How to Examine for Head Lice

#### Use bright light to look at:

- 1 Crown of head
- 2 Bangs
- 3 Behind both ears
- 4 Nape of neck

#### How to inspect

- 1 Place gloves on your hands
- 2 Use fingers to separate hair and create a part. The part should allow you to clearly see the person's scalp.
- 3 Look for lice crawling on the scalp where the hair is parted or on the hair shaft. The lice will be dark in color and the size of a poppyseed.
- 4 Look for nits near hair follicle about 1/4 inch from scalp. Nits (eggs) will be white or yellowish-brown. Nits are often more easily seen than lice, especially when the person has dark hair.
- 5 Also look behind both ears and near the back of the neck. You may see lice or nits. You may also see bites.

The size of a nit (egg), nymph, and louse relative to a penny



A. Checking hair for lice



B. Nits (lice eggs) on hair



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Cheng EL, Shuen JA, Datta GA, Metz PY (Eds). Visual Diagnosis in Pediatrics. Philadelphia: Lippincott Williams & Wilkins, 2006. Courtesy of Hans B. Karsenty, MD. Copyright © 2008, Inc. UpToDate, Post, TW (Ed), UpToDate, Williams, 2010.

**SCREENING TIP:** To distinguish between dandruff and nits, try to flick or pull off the white speck. Dandruff is easily pulled off, but nits are not. Change gloves between each child's examination and wash your hands after all examinations are completed.



Centers for Disease Control and Prevention

### Parasites

## Head Lice Information for Schools



### Head Lice

Examine, Treat, and Comb



SPOKANE REGIONAL  
HEALTH  
DISTRICT

September 2018



U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

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